## **GURU NANAK COLLEGE, DHANBAD**

#### **DEPARTMENT OF PSYCHOLOGY**

#### **ACADEMIC CALENDER - 2021 - MAY 2022**

## **NOVEMBER**

- SEMINAR CLASS
- PROJECT SEM I IMPORTANCE OF PSYCHOLOGY IN DAILY LIFE
- ONLINE WORKSHOP ON THANKFULNESS & GRATITUDE (IN HOUSE)
- GURU NANAK DEV LECTURE SERIES

## **DECEMBER**

- SEMINAR CLASS
- PROJECT SEM I CASE STUDY ON A HORMONAL DISORDER
- AWARENESS DAY 3 DECEMBER 2022 INTERNATIONAL DAY OF PERSON WITH DISABILITIES

### **JANUARY**

- SEMINAR CLASS
- WEBINAR ON MENTAL HEALTH
- PROJECT SEM V CONDUCT SURVEY REGARDING ENVIRONMENTAL AWARENESS
- ONLINE WORKSHOP BUILD RESILIENCY (IN HOUSE)

## **FEBURARY**

- SEMINAR CLASS
- PROJECT SEM V MYTHS AND FACTS OF MENTAL ILLNESS
- PTM

# MARCH

- SEMINAR CLASS
- SEM III CONDUCT SURVEY TO FIND OUT DIFFERENT TYPES OF PREJUDICE IN SOCIETY
- AWARENESS DAY 5<sup>TH</sup> MARCH 2022- MULTIPLE PERSONALITY DISORDER
- AWARENESS DAY 21 MARCH 2022 WORLD SYNDROME DAY

# **APRIL**

- SEMINAR CLASS
- OFFLINE WORKSHOP CONTROL OVERTHINKING
- PROJECT SEM III CURRENT TRENDS IN PSYCHOLOGY
- AWARENESS DAY 2<sup>ND</sup> APRIL 2022 WORLD AUTISM AWARENESS DAY
- AWARENESS DAY 7<sup>TH</sup> APRIL 2022- WORLD HEALTH DAY

# **MAY**

- SEMINAR CLASS
- OFFLINE WORKSHOP MINDFULNESS
- PROJECT SEM VI STATUS OF TRANSGENDERS IN SOCIETY
- AWARENESS DAY 9<sup>TH</sup> MAY NATIONAL CHILDREN MENTAL HEALTH AWARENESS DAY